

Dr Una O'Boyle-Finnegan
Senior Clinical Psychologist
HCPC registration: PYL040003

RELEVANT WORK EXPERIENCE

Senior Clinical Psychologist

September 2024- Present

The Alders Unit, Children's Health Ireland at Connolly

- Provision of trauma informed psychological assessment and intervention for children and young people who have experienced sexual abuse.
- Provision of parent and family support to families who have been impacted by Child sexual abuse
- Consultation to community and hospital based services on cases involving CSA and promotion of trauma informed care within the community

Clinical Psychologist & Specialist Clinical Psychologist

September 2022- January 2024

CAMHS, Larne, Carrick, Newtownabbey Team, Northern Trust

- Provision of psychological assessment and intervention for young people with a variety of complex mental health difficulties
- Contribution to the development of psychological understanding of families and young people within multidisciplinary team
- Supervision of Assistant Psychologists
- Development and implementation of a Compassion Focused Therapy group
- Promoted to Specialist Clinical Psychologist

October 2021- September 2022

Adult Learning Disability Service, Northern Trust

- Assessment and intervention with adults with LD, their families and support systems
- Provision of a monthly psychology consultation clinic for social workers
- Extensive psychometric assessment and report writing experience with young adults and adults with a variety of presenting difficulties.

Trainee Clinical Psychologist

April 2021- September 2021

Perinatal Psychology, Royal Jubilee Maternity Hospital

October 2020-March 2021

Therapeutic Team for Looked After and Adopted Children Northern Trust

April 2020- September 2020

CAMHS Northern Trust

October 2019- March 2020

Learning Disability South-eastern Trust

December 2018- September 2019 Clinical Health Psychology Northern Trust

EDUCATION

<u>2018- 2021</u>	Doctorate in Clinical Psychology	Queens University Belfast
<u>2016- 2017</u>	MPsychSc Psychological Science <i>First Class Honours</i>	University College Dublin
<u>2012- 2016</u>	BA International Psychology <i>First Class Honours</i>	University College Dublin
<u>2014-2015</u>	1 Year Exchange Washington DC	Georgetown University

ADDITIONAL TRAININGS

- Neurosequential Model of Therapeutics Level 1
- Dyadic Developmental Psychotherapy Level 1
- Group based Compassion Focused Therapy for Adolescents
- Compassionate Mind Training
- The Treatment of Complex PTSD
- ACT Intermediate level skills workshop
- WISC/WAIS training

PUBLICATIONS

- O'Boyle-Finnegan, Ú., Graham, C. D., Doherty, N., & Adair, P. (2022). Exploring the contribution of psychological flexibility processes and self-compassion to depression, anxiety and adjustment in parents of preterm infants. *Journal of Contextual Behavioral Science*, 24, 149-159.