

**Curriculum Vitae** Dr. Brigid Pilkington.  
Consultant Clinical Psychologist B.S.Sc. M.Sc. Ph.D A.F.B.PsS

**Qualifications**

B.S.Sc. (hons) Psychology 1979.  
M.Sc. Clinical Psychology 1981.  
Ph.D. Psychology 1996.  
Certificate of Institute of Health Service Management 1990.

**Prizes**

Ph.D. Thesis 1996: Long Term Effects of Childhood Sexual Abuse: towards a cognitive mediational model. Praxis prize for Research.

**Professional Status**

- Registered member of Health Care Professions Council (HPC)
- Associate fellow of British Psychological Society (A.F.B.P.S)
- Chartered Clinical Psychologist (Division of Clinical Psychology).
- National Assessor (BPS)

**Consultant Clinical Psychologist Professional Positions**

1989– 2011	Consultant Clinical Psychologist; Associate Director of Psychology Services & Professional Advisor Southern Health & Social Care Trust. Responsibility for clinical psychological services within Adult Mental Health, CAMHS, Learning Disability, Forensic Mental Health, Chronic Pain, Oncology and Health Psychology specialisms.
2011 - 2012	Consultant Clinical Psychologist. Clinical Lead NIAMH/Carecall.
2012 – 2014	Independent Chair of Belfast & South Eastern Safeguarding Panels (Safeguarding Board for Northern Ireland - SBNI) Independent Consultant Clinical Psychologist. Trustee Northern Ireland Association of Mental Health (NIAMH) and Carecall
2014-present	Independent Consultant Clinical Psychologist

**Experience in Academic teaching and Supervision**

Member of Board of Studies/Examiners (D. Clin Psych Course) Queen's University Belfast  
Member of Selection Committee (D. Clin. Psych) Queen's University Belfast  
Honorary Lecturer. Queen's University Belfast  
Clinical Supervisor and Placement co-ordinator (D.Clin Psych. QUB)  
Clinical Supervisor and Placement co-ordinator (Psychological Society of Ireland)

**Publications in Peer Review Journals**

Child Abuse Review 1995: The prevalence of childhood sexual abuse in community and college samples.

Child Abuse Review 1995: The prevalence of childhood sexual abuse in Clinical samples.

Pilkington, B. and Lenaghan, M. (1998). Psychopathology and Mental Health in Trew, K. and Kremer, J. (Eds) *Gender and Psychology* (pp179-191). Arnold.

### **Areas of Special Clinical Expertise**

- The assessment and treatment of adult Victims of Trauma (in particular victims of rape, childhood sexual abuse, interpersonal/family violence, Troubles related trauma and Post Traumatic Stress Disorder).
- Direct clinical work with a full range of emotional problems including Major Anxiety Disorders and Depression.
- Assessment, diagnosis and treatment of adults with Autistic Spectrum Disorder. Trained in D.I.S.C.O. and A.D.O.S. for the assessment and diagnosis of Autistic Spectrum Disorder.
- Assessment of Capacity as compliant with the guidelines of the British Psychological Society.
- Wide experience working with young people; including identifying issues in relation to a young person's capacity and fitness to plead.

### **Expert Witness experience**

From 2004 to date I have conducted assessments and prepared reports for court as a professional witness within the foregoing areas of clinical expertise; in particular in Family Law proceedings, in Civil proceedings in the assessment of psychological sequelae of trauma and pre-sentencing reports in Criminal proceedings. I have also prepared victim impact reports.