

Curriculum Vitae Dr. Brigid Pilkington.
Consultant Clinical Psychologist B.S.Sc. M.Sc. Ph.D A.F.B.PsS

Qualifications

B.S.Sc. (hons) Psychology 1979.
M.Sc. Clinical Psychology 1981.
Ph.D. Psychology 1996.
Certificate of Institute of Health Service Management 1990.

Prizes

Ph.D. Thesis 1996: Long Term Effects of Childhood Sexual Abuse: towards a cognitive mediational model. Praxis prize for Research.

Professional Status

- Registered member of Health Care Professions Council (HPC)
- Associate fellow of British Psychological Society (A.F.B.P.S)
- Chartered Clinical Psychologist (Division of Clinical Psychology).
- National Assessor (BPS)

Consultant Clinical Psychologist Professional Positions

1989– 2011	Consultant Clinical Psychologist; Associate Director of Psychology Services & Professional Advisor Southern Health & Social Care Trust. Responsibility for clinical psychological services within Adult Mental Health, CAMHS, Learning Disability, Forensic Mental Health, Chronic Pain, Oncology and Health Psychology specialisms.
2011 - 2012	Consultant Clinical Psychologist. Clinical Lead NIAMH/Carecall.
2012 – 2014	Independent Chair of Belfast & South Eastern Safeguarding Panels (Safeguarding Board for Northern Ireland - SBNI) Independent Consultant Clinical Psychologist. Trustee Northern Ireland Association of Mental Health (NIAMH) and Carecall
2014-present	Independent Consultant Clinical Psychologist

Experience in Academic teaching and Supervision

Member of Board of Studies/Examiners (D. Clin Psych Course) Queen's University Belfast
Member of Selection Committee (D. Clin. Psych) Queen's University Belfast
Honorary Lecturer. Queen's University Belfast
Clinical Supervisor and Placement co-ordinator (D.Clin Psych. QUB)
Clinical Supervisor and Placement co-ordinator (Psychological Society of Ireland)

Publications in Peer Review Journals

Child Abuse Review 1995: The prevalence of childhood sexual abuse in community and college samples.

Child Abuse Review 1995: The prevalence of childhood sexual abuse in Clinical samples.

Pilkington, B. and Lenaghan, M. (1998). Psychopathology and Mental Health in Trew, K. and Kremer, J. (Eds) *Gender and Psychology* (pp179-191). Arnold.

Areas of Special Clinical Expertise

- The assessment and treatment of adult Victims of Trauma (in particular victims of rape, childhood sexual abuse, interpersonal/family violence, Troubles related trauma and Post Traumatic Stress Disorder).
- Direct clinical work with a full range of emotional problems including Major Anxiety Disorders and Depression.
- Assessment, diagnosis and treatment of adults with Autistic Spectrum Disorder. Trained in D.I.S.C.O. and A.D.O.S. for the assessment and diagnosis of Autistic Spectrum Disorder.
- Assessment of Capacity as compliant with the guidelines of the British Psychological Society.
- Wide experience working with young people; including identifying issues in relation to a young person's capacity and fitness to plead.

Expert Witness experience

From 2004 to date I have conducted assessments and prepared reports for court as a professional witness within the foregoing areas of clinical expertise; in particular in Family Law proceedings, in Civil proceedings in the assessment of psychological sequelae of trauma and pre-sentencing reports in Criminal proceedings. I have also prepared victim impact reports.